

# Preparatory Checklist Meals, Snacks, Drinks etc. During Breaks

## Information

The following information is needed for the climate check:

- Who is responsible for the provision of meals, snacks, drinks etc. during breaks (staff of the canteen, caterer, caretaker for example)?

date:

done:

## Contact person on the spot

During the project days your group has to question the following persons:

- other pupils of the school from as many grades as possible,
- possibly the caterer and the people in the kitchen.

date:

done:

If possible include expert partners, like culinary advisors of health insurances, members of the municipal health authorities or the consumer advice centre, the health and hygiene executive of the school or committed parents.

## Rooms

During the project days the group has to have temporary access to the following rooms – if necessary someone has to accompany them:

- dining area,
- kitchen and adjoining rooms.

date:

done:

## Material

The following specific material is needed:

- topic-oriented information material about a healthy and environmentally sound diet, and maybe also about the concept of “virtual water” (cp. the references in the flyer),
- some skipping ropes for the group “Healthy Meals, Snacks, Drinks etc. During Breaks”.

date:

done:

The following general material is needed:

- checklists for the collection of data (if necessary check before use and adjust them to the specific situation of the school, print them in sufficient numbers),
- cameras (simple digital cameras or camera phones; might be brought by the pupils),
- computers (for data and image processing, internet researches and, where necessary, for multimedia presentations),
- presentation material like large sized paper, pencils, scissors and glue, some magazines as material for illustrations.

Pupils should bring their normal writing utensils, something to write on and a pocket calculator.

